

# North Carolina Camp Programs 2021



Jan. 23<sup>rd</sup>
Virtual Camp Program
Comfort Zone at Home

March 12<sup>th</sup> - 14<sup>th</sup>
3-Day Weekend Program
Camp Kanata - Wake Forest, NC

Oct. 1st - 3rd 3-Day Weekend Program Camp Weaver - Greensboro, NC

Check out our website for additional camps to be added!

We are continuously monitoring COVID-19 restrictions. Please see our website Calendar for camp updates.

#### What is Comfort Zone?

Comfort Zone Camp is a national nonprofit organization that provides a safe and fun place for kids grieving the death of a parent, sibling, or significant person in their life. CZC offers FREE 3-day weekend camps, family camps, and virtual programs. All programming empowers children to grieve, heal and grow in healthy ways.

### Eligibility

Campers must be between the ages of 7-17 (18 if still in high school), and experienced the death of a parent, sibling, or significant person.

Contact CZC staff with any questions. info@comfortzonecamp.org

# What is a Weekend Camp?

Camp programs are all strength-based, child-focused models, which include age-based support groups facilitated by trained grief specialists. Programs include icebreakers, confidence-building activities and other activities designed to facilitate trust, expression, and interaction among campers.

## How to Register

All campers must complete our application process and screening.



Scan or visit www.comfortzonecamp.org





